



Resource List - Summer 2024

PLACER COUNTY BREASTFEEDING COALITION

www.placerbreastfeeding.org

Private Practice Lactation Consultants (IBCLC)

The Joyful Latch

Carissa Crail, BSN, RN, IBCLC
joyfullatch.com
(916) 209-0629

Infant Instincts

Jessica Hopp, IBCLC
infantinstincts.com
(916) 827-5571

Faithful Lactation Support

Shanee Euren, RN, BSN,
RNC-NIC, IBCLC
FaithfulLactationSupport.com
(916) 367-1535

Simply Mother Nurture

Michelle Kunschke, IBCLC
simplymothernurture.com
(916) 956-1999

Your Lactation Nurse

Brandee Gutowsky MSN,
RN, PHN, IBCLC
yourlactationnurse.com
(916) 234-6380

The Nest

Katie DaMota, IBCLC
thenestfamilyresource.com
(530) 673-8411

Nourishing Justly

Kavisa Wood, BS, IBCLC
nourishingjustly.com
(916) 572-4433

La Leche League

Auburn

llnocal.org/auburn
facebook.com/LLLAuburnCA/

Hospital Services + Groups

Kaiser Pediatrics Lactation Appointments

(916) 784-4050
kp.org/mydoctor/breastfeeding

Kaiser Baby & Me Group

(916) 474-6610

Sutter Roseville Lactation Warm Line

(916) 781-1387
sutterhealth.org/health/breastfeeding/lactation-consultations

Sutter Mothers' Outlet Group

facebook.com/groups/SutterRosevilleMomsOutlet

WIC Breastfeeding Help

Placer County WIC

Auburn (530) 889-7211
Rocklin (916) 784-6447
placer.ca.gov/2918/Women-Infants-Children-WIC

**Lactation help for non-WIC families available*

Lactation Educators + Counselors

Mothers and Babies First

Jeanne Wade, CLC, CLE
MothersAndBabiesFirst.com
(916) 771-2440

Honeydew You Nutrition & Lactation

Arielle Mize, RD, CLC
honeydewyou.com
(916) 749-9268

Tahoe Area

Krystal Long Birth Services

krystallong.com
(530) 414-1348

Alyssa Lopez, CLC

nourishyournewborn.com
(530) 214-9098

Tahoe Forest Center for Health

Mama's Meet Up Infant Feeding Support Group

tfhd.com/news/mamas-meet-infant-feeding-support-group-0
(530) 587-3769

Tahoe Forest Women's Center

tfhd.com/womens-center/postnatal-lactation-services
(530) 582-3247